

RSCDS DANCING ACHIEVEMENT AWARD

Name

Date

Candidate Number

Level

Venue

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1.0 Slip step

1.1	Correct rhythm
1.2	Correct angle of feet and good extension
1.3	Heels in mid air
1.4	Smooth even step with heels together in change of direction

Reel	Jig	Average	Score

2.0 Skip change of step

2.1	Correct rhythm
2.2	A positive hop
2.3	Extended front leg followed by reach forward
2.4	Close up in 3 rd position

Reel	Jig	Average	Score

3.0 Pas de basque

3.1	Correct rhythm
3.2	3 distinct beats
3.3	Correct 3 rd position
3.4	Strong, full extended jete

Reel	Jig	Average	Score

4.0 Formations Exercise Quick Time

4.1	Correct execution
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Score

5.0 Strathspey Travelling

5.1	Correct rhythm
5.2	Good urge forward and good extension
5.3	Close up in 3 rd position
5.4	Slow pull through of back leg from full extension
5.5	Gentle hop on 4 th beat

Score

6.0 Strathspey setting

6.1	Correct rhythm
6.2	Urge sideways to 2 nd position
6.3	Close up to 3 rd rear position
6.4	Slow smooth lift
6.5	Accurate position of foot behind supporting leg

Score

7.0 Formations Exercise in Strathspey time

7.1	Correct execution
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Score

8.0 Deportment

8.1	Easy natural poise
8.2	Upright carriage
8.3	No excessive body sway

Score

9.0 Dances

9.1	Knowledge of dance
9.2	Correct phrasing and linking of formations
9.3	Dancing all steps in each phrase
9.4	Correct hand holds and arm positions
9.5	Covering
9.6	Sociability
9.7	Maintenance of good footwork throughout

Score	Reel	Jig	Strathspey

Total Score Sections 1 to 7	/ 24
Total Score Sections 8 to 9	/ 24

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Name

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Level

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Distinction

Credit

Pass

Fail

Assessor's comments :

Assessor 1
(please print)

Assessor 2
(please print)

Signature

Signature

Notes:

1. Steps and deportment to be assessed during formations, exercises and dances.
2. Each element to be marked (P) or crossed (X) as being acceptable or unacceptable respectively.
3. Marks (P) to be counted and entered in the "Total Score Section" column.
4. The original assessment form will be sent to the dancer.
A copy will be retained at Headquarters.
A copy marked "Confidential" will be sent to the teacher of the course.

Notes on marking:

To achieve a **PASS** at all levels, dancers must gain at least 24 / 48 of which at least 2 marks must be gained in each step section ~ sections 1, 2, 3, 5 & 6.

To achieve a **CREDIT** at all levels, dancers must gain at least 16 / 24 in sections 1 to 7 and gain at least 16 / 24 in sections 8 & 9, of which at least 2 marks must be gained in each step section ~ sections 1, 2, 3, 5 & 6.

To achieve a **DISTINCTION** at all levels, dancers must gain at least 40 / 48 of which at least 2 marks must be gained in each step section ~ sections 1, 2, 3, 5 & 6.