

Rt Hon Alex Salmond MSP
First Minister of Scotland

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- 5 APR 2012



Ms Ruth Beattie
Chairman
The Royal Scottish Country Dance Society
12 Coates Crescent
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Our ref: 2012/0008176
3 April 2012

Dear Ms Beattie

Thank you for your recent letter highlighting the excellent work of the Royal Scottish Country Dance Society. I am delighted to give my support to your ambitious campaign to promote the health benefits that Scottish Country Dancing can bring to people, young and old.

We know that exercise is a long-term investment in health and habits formed in childhood and adolescence continue into adulthood. By working together we have a real opportunity to use the momentum from the 2014 Commonwealth Games Legacy to make a positive impact and I fully support your efforts to promote the health benefits Scottish Country Dancing can bring to communities in Scotland and across the world.

The Royal Scottish Country Dance Society has built up an enviable and a richly deserved reputation since its formation and you are widely acknowledged as the leading body responsible for teaching and developing Scottish Country dancing across the world. Scottish Country Dancing is a rich part of Scotland's national heritage and you are uniquely placed, through your worldwide network, to help promote the benefits this wonderful expression of dance can bring to current and future generations.

I wish you every success with your Health Strategy in helping to raise awareness of the range of benefits Scottish Country Dancing can bring to people's health and wellbeing.

Yours for Scotland

ALEX SALMOND