

Strip the Willow

Dancers stand in sets of 4 couples. All instructions take 4 walking steps unless otherwise stated.

1st couple turn right hand for 16 walking steps.

1st B's then turns 2nd A's left hand while B's partner remains in the middle.

1st couple turn each other right hand,

1st B's then turns 3rd A's left hand while B's partner remains in the middle.

1st couple turn each other right hand,

1st B's then turns 4th A's left hand while B's partner remains in the middle.

1st couple turn each other right hand for 12 walking steps.

1st A's then turns 4th B's left hand while B's partner remains in the middle.

1st couple turn each other right hand,

1st A's then turns 3rd B's left hand while B's partner remains in the middle.

1st couple turn each other right hand,

1st A's then turns 2nd B's left hand while B's partner remains in the middle.

1st couple turn each other right hand for 12 walking steps.

1st A's then turns 2nd B's left hands while 1st B's turns 2nd man left hands.

1st couple turn each other right hand,

1st A's then turns 3rd B's left hands while 1st B's turns 3rd man left hands.

1st couple turn each other right hand,

1st A's then turns 4th B's left hands while 1st B's turns 4th man left hands.

1st couple turn each other right hand for 12 walking steps.

Please note that WALKING steps are assumed for quick time dances. If dancers wish to be more energetic and use skip change of step, then they would take half the number of steps.