

DANCING ACHIEVEMENT AWARD

INTERMEDIATE LEVEL

FORMATIONS

Advance and retire - one step (6.1.2)	Lead down the middle and up (6.19.1)
Allemande for two couples (6.2.1)	Petronella turn (6.20)
Balance in Line (6.4)	Poussette for two couples (6.21.1)
Set and cast of (6.6.7)	Promenade for two couples (6.23.1)
Grand Chain for three couples (6.7.2)	Promenade for three couples (6.23.2)
Turn corners and partner (6.8.9)	Reel of four across the set (6.24.2)
Double Triangles (6.11)	Reel of three on the side-lines (6.25.1)
Figure of Eight for 2 couples (6.13.4)	Rights and Lefts for 2 couples (6.26.1)
Hands across and back (6.14.1)	Half Rights and Lefts (6.26.2)
Hands across half-way (6.14.2)	The Rondel (6.27)
Hands round and back in Jig and Reel time (6.15.1)	Stepping up or down (6.34)
Hands round and back in Strathspey time (6.16.1)	

DANCES

Light and Airy	Jig	Book 4
Linton Ploughman	Jig	Book 5
La Flora	Jig	Book 27
The Carl Cam' Ower the Croft	Reel	MMM
Bea's Delight	Reel	Bk 43
The Cumbrae Reel	Reel	Book 28
The Marquis of Lorne	Strathspey	MMM
The Silver Tassie	Strathspey	Leaflet dances
Miss Isabella McLeod	Strathspey	Book 25

- Dancers are required to learn all the dances before starting the course for the Intermediate level.
- Dancers will dance, as first couple, one Jig, one Reel and one Strathspey in the assessment.
- All dancers are required to act as supporting dancers for the other dancers being assessed.
- Dancers may be asked, by the Assessors, to dance a specific formation.

NOTES FOR MARKING

To successfully achieve this level dancers must gain at least 45 marks out of 70, 55 marks out of 70 to achieve Credit, 65 marks out of 70 to achieve Distinction.