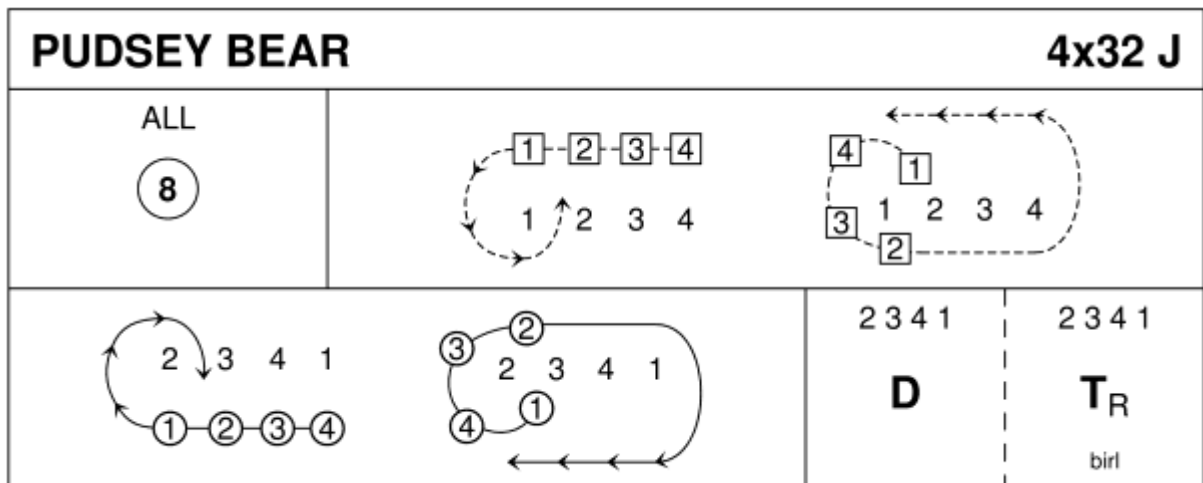


Pudsey Bear (4x32 Jig)

May be danced in a 3 or 4 couple set using tracks from the RSCDS Jigs & Reels CD 1
 4 couple set use track 1 ("School Name Circle")
 3 couple set use track 9 (Jig to the Music)

- 1-8 All circle round and back
- 9-16 1st girl followed by 2nd, 3rd and 4th girls dance across the set and behind 1st boy. 1st girl dances between 1st and 2nd boys to follow 4th girl as 2nd girl (followed by 3rd, 4th and 1st girls) continues to dance behind the boys, cross back to own side and dance up to finish 2,3,4,1 "loop the loop"
- 17-24 1st boy followed by 2nd, 3rd and 4th boys dance across the set and behind 2nd girl. 1st boy dances between 2nd and 3rd girls to follow 4th boy as 2nd boy (followed by 3rd, 4th and 1st boys) continues to dance behind the girls, cross back to own side and dance up to finish 2,3,4,1 "loop the loop"
- 25-32 All dance back to back with partner and turn partner right hand (or birl)



Louise Macdougall

4C/4C longwise set.

This dance was devised by children at the Federation of Abbey Schools in Darlington with the help of their teacher Mrs Macdougall. The first 24 bars of the dance represent Pudsey Bear's head and ears, the back to back and birl are the spots on Pudsey's bandana.

The dance was inspired by Rod Downey's dance Room One which contained the movement they renamed "loop the loop".

To see a video of the Pudsey Dance please click the link below:

<http://www.abbeyfed.darlington.sch.uk/children/scottish-country-dancing>