

PAS DE BASQUE

1.	Step: pas de basque
Formations:	
1 – 4	1st and 2nd couples set twice on the sidelines.
5 – 8	1st and 2nd couples, giving right hands, turn partners to finish in the middle with both hands joined.
9 – 16	1st and 2nd couples dance a poussette.

2.	Step: pas de basque
Formations:	
1 – 4	1st and 2nd couples set and dance right hands across halfway round.
5 – 8	1st and 2nd couples set and dance left hands across halfway round to finish in the middle, both hands joined.
9 – 16	1st and 2nd couples dance a poussette.

3.	Step: pas de basque
Formations:	
Begin with 1st and 2nd couples, both hands joined, in the middle of the set.	
1 – 8	1st and 2nd couples dance a poussette.
9 – 16	1st couple dance a figure of eight round 2nd couple.

4.	Step: pas de basque
Formations:	
1 – 8	1st and 2nd couples set twice and dance right hands across to finish in the middle with both hands joined.
9 – 16	1st and 2nd couples dance a poussette.

5.	Step: pas de basque
Formations:	
1 – 8	1st and 2nd couples dance rights and lefts to finish in the middle with hands joined.
9 – 16	1st and 2nd couples dance a poussette.

6.	Step: pas de basque
Formations:	
1 – 8	1st and 2nd couples dance right hands across and back with the left, finishing in the middle of the set facing partner, both hands joined.
9 – 16	1st and 2nd couples dance a poussette.

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7.	Step: pas de basque
Formations:	
1 – 8	1st couple followed by 2nd couple (who dance up the sides to begin) dance down the middle; 2nd couple followed by 1st couple dance back up to finish with 2nd couple in first place and 1st couple back to back in second place facing their own sides.
9 – 16	2nd, 1st and 3rd couples dance double triangles.

8.	Step: pas de basque
Formations:	
Begin with 1st couple in second place.	
1 – 8	2nd, 1st and 3rd couples set and, giving right hands, cross over. All three couples set again. 2nd and 3rd couples, giving right hands, cross back to original places while 1st couple pass by the right to finish back to back in the middle facing own sides.
9 – 16	2nd, 1st and 3rd couples dance double triangles.

9.	Step: pas de basque
Formations:	
1 – 8	1st and 2nd couples dance right hands across once round. 1st couple cast off one place while 2nd couple dance up to top place; 1st couple set advancing and turn right about to finish back to back facing own sides.
9 – 16	2nd, 1st and 3rd couples dance double triangles.

10.	Step: pas de basque
Formations:	
Begin with 1st couple back to back in middle facing own sides, 2nd couple in first place.	
1 – 8	2nd, 1st and 3rd couples dance double triangles.
9 – 16	2nd, 1st and 3rd couples dance six hands round and back.

11.	Step: pas de basque
Formations:	
Begin with 1st couple facing first corners.	
1 – 8	1st couple set to and turn corners to finish in second place on opposite sides.
9 – 12	2nd, 1st and 3rd couples set twice.
13 – 16	1st couple, giving right hands, turn one and a half times.

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12.	Step: pas de basque
Formations:	
Begin with 1st couple in second place.	
1 – 8	2nd, 1st and 3rd couples set to partners and, giving right hands, cross over. All three couples set again. 2nd and 3rd couples, giving left hands cross back to original places while 1st couple, giving left hands, turn to face first corners.
9 – 16	1st couple set to and turn corners to finish between them.

13.	Step: pas de basque
Formations:	
Begin with 1st couple facing first corners.	
1 – 8	1st couple set to and turn corners to finish between them.
9 – 12	2nd, 1st and 3rd couples set and, giving right hands, cross over.
13 – 16	2nd, 1st and 3rd couples set and, giving left hands, cross over.

14.	Step: pas de basque
Formations:	
1 – 8	1st couple, followed by 2nd couple who dance up the sides to begin, lead down the middle; 2nd couple followed by 1st couple lead back up to finish with 2nd couple in first place and 1st couple facing first corners.
9 – 12	1st couple set to corners to finish on the sidelines between their corners.
13 – 16	1st couple dance a half figure of eight round 2nd couple to finish in second place.

15.	Step: pas de basque
Formations:	
1 – 4	1st and 2nd couples set and link to change places.
5 – 8	2nd and 1st couples set and link to original places.
9 – 12	1st and 2nd couples dance half rights and lefts.
13 – 16	2nd and 1st couples set and giving right hands, cross over.

16.	Step: pas de basque
Formations:	
1 – 8	1st, 2nd and 3rd couples set, turn partners with both hands for 4 bars and set again.
9 – 12	1st couple dance a half figure of eight round 2nd couple.
13 – 16	1st and 2nd couples set and link on the sidelines.

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17. Step: pas de basque
Formations:
Begin with: 1st couple in second place on opposite sides.
1 – 4 2nd, 1st and 3rd couples set twice, 1st couple dancing a petronella turn on bars 3-4 to finish 1st man between 2nd couple at the top of the set all facing down, and 1st woman between 3rd couple all facing up.
5 – 8 2nd, 1st and 3rd couples set twice, 1st couple dancing a petronella turn on bars 7-8 to finish in second place on their own sides.
9 – 16 2nd, 1st and 3rd couples dance six hands round and back.

18. Step: pas de basque
Formations:
1 – 4 1st and 2nd men and at the same time 1st and 2nd women turn three quarters with the right hand to finish in a line of four across the set; 1st and 2nd couples balance in line.
5 – 8 1st and 2nd men and at the same time 1st and 2nd women turn three quarters with the right hand to finish on the sidelines in progressed places facing in; 2nd and 1st couples set on sidelines.
9 – 16 2nd and 1st couples dance rights and lefts.

SKIP CHANGE OF STEP

1.	Step: skip change of step
Formations:	
Begin with 1st, 2nd and 3rd couples facing up in the middle.	
1 – 8	1st, 2nd and 3rd couples dance an allemande.
9 – 16	1st couple dance a figure of eight round 2nd couple.

2.	Step: skip change of step
Formations:	
1 – 8	1st, 2nd and 3rd couples dance reels of three on the sides. 1st and 2nd men and 1st and 2nd women pass by the right to begin.
9 – 16	1st couple cast off one place, dance down between 3rd couple and cast up one place to finish facing first corners. 2nd couple step up on bars 9-10.

3.	Step: skip change of step
Formations:	
1 – 4	1st, 2nd and 3rd couples advance and retire.
5 – 8	1st, 2nd and 3rd couples dance back to back.
9 – 16	1st, 2nd and 3rd couples dance a grand chain.

4.	Step: skip change of step
Formations:	
1 – 4	1st and 2nd couples dance four hands once round to the left.
5 – 8	1st and 2nd couples, giving right hands, turn once round.
9 – 16	1st and 2nd couples dance rights and lefts.

5.	Step: skip change of step
Formations:	
1 – 4	1st couple, giving right hands, cross over and cast off one place. 2nd couple step up on bars 3-4.
5 – 8	1st couple, giving left hands, turn once round to finish in second place on opposite sides.
9 – 16	2nd and 1st couples dance a ladies' chain.

6.	Step: skip change of step
Formations:	
1 – 4	1st, 2nd and 3rd couples advance and retire.
5 – 8	1st, 2nd and 3rd couples, giving right hands, turn partners to finish in the middle facing up.
9 – 16	1st, 2nd and 3rd couples dance a promenade.

SKIP CHANGE OF STEP

7.	Step: skip change of step
Formations:	
1 – 8	1st couple lead down the middle and up to face first corners. 2nd couple step up on bars 3-4.
9 – 16	1st couple turn first corners with the right hand, partner with the left hand, second corners with the right hand and, giving left hand to partner, cross over to finish in second place on own sides.

8.	Step: skip change of step
Formations:	
1 – 8	1st couple dance a figure of eight on their own sides, 1st man passing 2nd man and 1st woman passing 2nd woman by the right to begin.
9 – 16	1st, 2nd and 3rd couples advance and retire and, giving right hands to partners, turn once round.

9.	Step: skip change of step
Formations:	
1 – 4	1st and 2nd couples dance back to back.
5 – 8	1st couple, giving right hands, cross over and cast off one place. 2nd couple step up on bars 7-8.
9 – 16	2nd and 1st couples dance a ladies' chain.

10.	Step: skip change of step
Formations:	
1 – 4	1st and 2nd couples advance and retire.
5 – 8	1st and 2nd couples, giving right hands, turn once round to finish in the middle of the set facing up.
9 – 16	1st and 2nd couples dance an allemande.

11.	Step: skip change of step
Formations:	
1 – 4	1st, 2nd and 3rd couples dance back to back.
5 – 8	1st, 2nd and 3rd couples, giving right hands, turn partners to finish in the middle facing up.
9 – 16	1st, 2nd and 3rd couples dance a promenade.

SKIP CHANGE OF STEP

12.	Step: skip change of step
Formations:	
1 – 4	1st couple set and cast off 1 place. 2nd couple step up on bars 3-4.
5 – 8	1st couple set and, giving right hands, turn to face first corners.
9 – 14	1st couple dance reels of three on the sides with their corners, giving 1st corners left shoulder to begin.
15-16	1st couple, giving right hands, cross over to second place on own sides.

13.	Step: skip change of step
Formations:	
1 – 8	1st, 2nd and 3rd couples dance a reel of three on their own sides. 1st and 2nd men and 1st and 2nd women pass by the right to begin.
9 – 16	1st, 2nd and 3rd couples dance six hands round and back.

14.	Step: skip change of step
Formations:	
1 – 4	1st couple cast off to second place, 2nd couple steps up on bars 3-4.
5 – 8	1st couple, giving left hands, turn one and a half times to face first corners.
9 – 16	1st couple turn first corners with the right hand, partner with the left hand, second corners with the right hand and, giving left hand to partner, cross to own sides in second place.

15.	Step: skip change of step
Formations:	
1 – 8	1st, 2nd and 3rd couples dance six hands round and back.
9 – 16	1st, 2nd and 3rd couples dance a grand chain.

16.	Step: skip change of step
Formations:	
1 – 8	1st couple lead down the middle and up, cross and cast to 2nd place. 2nd couple step up on bars 7-8.
9 – 16	2nd and 1st couples dance a ladies' chain.

17.	Step: skip change of step
Formations:	
1 – 8	1st and 2nd couples dance right hands across and left hands back.
9 – 12	1st couple, giving right hands, cross over and cast off one place. 2nd couple step up on bars 11-12.
13 – 16	1st couple dance a half figure of eight round 2nd couple

SKIP CHANGE OF STEP

18. Step: skip change of step
Formations:
1 – 8 1st, 2nd and 3rd couples dance an allemande.
9 – 12 3rd, 2nd and 1st couples, giving right hands to partners, turn half way to face partner in the middle of the set and cast to opposite sides and remain facing clockwise.
13 – 16 1st man, followed by 2nd and 3rd men, dances across the set then up his own sideline while 3rd woman, followed by 2nd and 1st women dances across the set and down her own sideline - all back to original places.

STRATHSPEY TRAVELLING STEP

1.	Step: strathspey travelling step
Formations:	
1 – 4	1st couple set and cast off one place. 2nd couple step up on bars 3-4.
5 – 8	1st couple dance a half figure of eight round 2nd couple.
9 – 16	2nd and 1st couples dance a ladies' chain.

2.	Step: strathspey travelling step
Formations:	
1 – 8	1st couple lead down middle and up, cross over and cast off one place. 2nd couple step up on bars 7-8.
9 – 16	2nd and 1st couples dance a ladies' chain.

3.	Step: strathspey travelling step
Formations:	
1 – 4	1st couple, giving right hands, turn once round and cast off one place. 2nd couple step up on bars 3-4.
5 – 8	1st couple, giving left hands, turn to face first corners.
9 – 16	1st couple turn first corners with the right hand, partner with the left hand, second corners with the right hand and, giving left hand to partner, cross to own sides in second place.

4.	Step: strathspey travelling step
Formations:	
1 – 4	1st couple, giving right hands, cross over and cast off one place. 2nd couple step up on bars 3-4.
5 – 8	1st couple dance a half figure of eight up around 2nd couple, finishing facing first corners.
9 – 16	1st couple turn first corners with the right hand, partner with the left hand, second corners with the right hand and giving left hand to partner cross to own sides in second place.

5.	Step: strathspey travelling step
Formations:	
Begin with 1st couple facing first corners.	
1 – 8	1st couple turn first corners with the right hand, partner with the left hand, second corners with the right hand and giving left hand to partner cross to own sides in second place.
9 – 12	2nd, 1st and 3rd couples advance and retire.
13 – 16	2nd, 1st and 3rd couples, giving both hands, turn once round.

STRATHSPEY TRAVELLING STEP

6. Step: strathspey travelling step	
Formations:	
1 – 8	1st, 2nd and 3rd couples dance reels of three on the sides. 1st and 2nd men and 1st and 2nd women pass by the right to begin.
9 – 12	1st couple, giving right hands, turn and cast off one place. 2nd couple step up on bars 11 – 12.
13 – 16	2nd, 1st and 3rd couples turn with both hands once round.

7. Step: strathspey travelling step	
Formations:	
1 – 8	1st, 2nd and 3rd couples dance reels of three on the sides. 1st and 2nd men and 1st and 2nd women pass by the right to begin.
9 – 16	1st couple lead down the middle, lead up and cast off to second place. 2nd couple step up on bars 15-16.

8. Step: strathspey travelling step	
Formations:	
1 – 4	1st couple, giving right hands, turn one and a half times, finishing facing out in first place on opposite sides.
5 – 8	1st couple cast off one place on opposite sides and turn with left hands to face first corners. 2nd couple step up on bars 5-6.
9 – 14	1st couple dance reels of three with corners, giving left shoulder to first corner to begin.
15 – 16	1st couple, giving right hands, cross over to own sides.

9. Step: strathspey travelling step	
Formations:	
1 – 4	1st couple, giving right hands, cross over and cast off one place. 2nd couple step up on bars 3-4.
5 – 8	1st couple, giving left hands, cross back to own sides and cast to their left, 1st woman up and 1st man down, to finish in lines of three across with 1st woman between 2nd couple facing 2nd man, and 1st man between 3rd couple facing 3rd woman.
9 – 16	1st couple dance reels of three across the dance giving right shoulder to their first corners to begin, finishing in lines of three facing first corners again.

10. Step: strathspey travelling step	
Formations:	
1 – 4	1st and 2nd couples advance and retire.
5 – 8	1st and 2nd couples dance four hands round to the left only.
9 – 16	1st, 2nd and 3rd couples dance grand chain.

STRATHSPEY TRAVELLING STEP

11. Step: strathspey travelling step	
Formations:	
1 – 8	1st couple lead down, crossing over below second couple, cast off one place to meet below 3rd couple, lead up to the top, cross over and cast off to finish facing down. 2nd couple step up on bars 7-8.
9 – 16	2nd, 1st and 3rd couples dance a grand chain.

12. Step: strathspey travelling step	
Formations:	
1 – 8	1st couple cast off, dance down behind own lines and cast up to original places. On bar 8, 1st, 2nd and 3rd couples dance in to meet partners and face up.
9 – 16	1st, 2nd and 3rd couples dance an allemande.

13. Step: strathspey travelling step	
Formations:	
1 – 4	1st and 2nd couples, giving right hands to partners, turn half way and cast to the opposite sides.
5 – 8	1st and 2nd couples, giving right hands to partners, turn one and a half times to finish in the middle, facing up.
9 – 16	1st, 2nd and 3rd couples dance an allemande.

14. Step: strathspey travelling step	
Formations:	
Begin with 1st, 2nd and 3rd couples in the middle, facing up.	
1 – 8	1st, 2nd and 3rd couples dance an allemande.
9 – 16	1st couple dance a figure of eight round 2nd couple.
NB: may also be assigned as a two-couple combination, omitting 3rd couple.	

15. Step: strathspey travelling step	
Formations:	
1 – 4	1st and 2nd couples, giving right hands, cross over to opposite sides and set.
5 – 8	1st and 2nd couples repeat bars 1-4 to finish on own sides.
9 – 16	1st and 2nd couples dance the knot.

16. Step: strathspey travelling step	
Formations:	
1 – 4	1st and 2nd couples advance one step and retire one step twice.
5 – 8	1st and 2nd couples turn with both hands once round.
9 – 16	1st and 2nd couples dance the knot.

STRATHSPEY TRAVELLING STEP

17. Step: strathspey travelling step
Formations:
1 – 4 1st, 2nd and 3rd couples advance for one step and retire for one step, twice.
5 – 8 1st, 2nd and 3rd couples, giving right hand to partners, turn once round to finish in the middle facing up.
9 – 16 1st, 2nd and 3rd couples dance a promenade.

18. Step: strathspey travelling step
Formations:
Begin with 1st, 2nd and 3rd couples in the middle, facing up.
1 – 8 1st, 2nd and 3rd couples dance a promenade.
9 – 16 1st and 2nd couples set twice and dance half rights and lefts.

19. Step: strathspey travelling step
Formations:
1 – 8 1st and 2nd couples advance and retire, and dance back to back.
9 – 16 2nd and 1st couples dance rights and lefts.

20. Step: strathspey travelling step
Formations:
1 – 8 1st and 2nd couples dance right hands across and left hands back.
9 – 12 1st and 2nd couples set and, giving right hands, cross over.
13 – 16 1st and 2nd couples repeat bars 9-12.

STRATHSPEY SETTING STEP

1. Step: strathspey setting step
Formations:
Begin with 1st couple facing first corners.
1 – 8 1st couple set to and turn corners, finishing between them.
9 – 12 2nd, 1st and 3rd couples set to partners and, giving right hands, cross over.
13 – 16 2nd, 1st and 3rd couples set to partners and, giving left hands, cross over, 1st couple finishing on opposite sides.

2. Step: strathspey setting step
Formations:
Begin with 1st couple facing first corners.
1 – 8 1st couple set to and turn corners, finishing between them.
9 – 12 2nd, 1st and 3rd couples set twice.
13 – 16 1st couple, giving both hands, turn one and a half times to finish on own side.

3. Step: strathspey setting step
Formations:
Begin with 1st couple facing first corners.
1 – 8 1st couple set to and turn corners, finishing between them.
9 – 16 2nd, 1st and 3rd couples set; turn partners with both hands once round in four bars, and set, 1st couple finishing on opposite sides.

4. Step: strathspey setting step
Formations:
1 – 4 1st and 2nd couples dance right hands across, followed by 1st couple casting to second place as 2nd couple dances up.
5 – 8 From second place, 1st couple set and, giving right hands, turn to finish facing first corners.
9 – 16 1st couple set to and turn corners finishing between them.

5. Step: strathspey setting step
Formations:
Begin with 1st couple in second place.
1 – 4 2nd, 1st and 3rd couple set twice.
5 – 8 1st couple, giving right hands, turn one and a half times to finish facing first corners.
9 – 16 1st couple set to and turn corners, finishing between them.

STRATHSPEY SETTING STEP

6.	Step: strathspey setting step
Formations:	
Begin with 1st man between 2nd couple at the top of the set, all facing down and 1st woman between 3rd couple all facing up.	
1 – 4	2nd, 1st and 3rd couples set twice, 1st couple dance a petronella turn on bars 3-4 to second place on own sides as corners continue to set.
5 – 8	2nd, 1st and 3rd couples set twice.
9 – 16	2nd, 1st and 3rd couples dance six hands round and back.

7.	Step: strathspey setting step
Formations:	
Begin with 1st woman between 2nd couple at the top of the set, all facing down and 1st man between 3rd couple all facing up.	
1 – 4	2nd, 1st and 3rd couples set twice. 1st couple dance a petronella turn on bars 3-4 to second place on opposite sides as corners continue to set.
5 – 8	2nd, 1st and 3rd couples set twice.
9 – 16	2nd, 1st and 3rd couples dance six hands round to the left only, then 1st couple, giving right hands, turn one and a half times to finish on own sides in second place.

8.	Step: strathspey setting step
Formations:	
1 – 4	1st and 2nd couples dance a petronella turn and finish in a line up and down the middle of the set, facing partners, and set.
5 – 8	1st and 2nd couples repeat bars 1-4 to finish on opposite sides.
9 – 12	1st and 2nd couples dance four hands once round to the left.
13 – 16	1st and 2nd couples set to partners and, giving right hands, cross over.

9.	Step: strathspey setting step
Formations:	
1 – 8	1st couple and 2nd couple dance four hands across and back, and 1st couple cast to second place as 2nd couple dance up to first place.
9 – 12	1st couple set to each other, and, giving right hands, turn to face first corners.
13 – 16	1st couple set to corners, finishing facing second corner.

STRATHSPEY SETTING STEP

10.	Step: strathspey setting step
Formations:	
Begin with 1st couple facing first corners.	
1 – 4	1st couple set to corners, finishing facing 2nd corner.
5 – 8	1st couple turn 2nd corners with both hands to finish between corners on opposite sides, then 2nd, 1st couple and 3rd couples set on sidelines.
9 – 16	2nd, 1st couple and 3rd couples six hands round and back.

11.	Step: strathspey setting step
Formations:	
1 – 4	1st and 2nd couples set and, giving right hands, dance four hands across halfway round.
5 – 8	2nd and 1st couples set and, giving left hands, dance four hands across back to original places.
9 – 16	1st and 2nd couples dance rights and lefts.

12.	Step: strathspey setting step
Formations:	
1 – 4	1st and 2nd couples set and dance right hands across halfway round.
5 – 8	1st and 2nd couples set and dance left hands across halfway round to original places.
9 – 16	1st and 2nd couples set twice, and dance half rights and lefts.

13.	Step: strathspey setting step
Formations:	
1 – 4	1st and 2nd couples set and, giving right hands, cross over.
5 – 8	1st and 2nd couples set and, giving left hands, cross over.
9 – 12	1st and 2nd couples dance set and link to change places.
13 – 16	2nd and 1st couples dance set and link to change back to original places.

14.	Step: strathspey setting step
Formations:	
1 – 4	1st and 2nd couples dance set and link to change places.
5 – 8	2nd and 1st couples, giving both hands, turn partners once round.
9 – 12	2nd and 1st couples dance set and link to change back to original places.
13 – 16	1st and 2nd couples dance four hands round to the left only.