

Virginia Reel

Dancers stand in sets of 4 couples.

Advance towards partner 4 walking steps and retire 4 walking steps and repeat.

Turn partner right hand and return to place 8 walking steps.

Turn partner left hand and return to place 8 walking steps.

Turn partner both hands and return to place 8 walking steps.

Dance back to back with partner and return to place 8 walking steps.

1st couple join both hands and dance 8 slip steps down the middle and 8 slip steps back again.

1st couple followed by the other couples cast off to the bottom for 8 walking steps.

1st couple make an arch and other couples move up under the arch for 8 walking steps.

The dance is repeated three more times.

Please note that WALKING steps are assumed for quick time dances. If dancers wish to be more energetic and use skip change of step, then they would take half the number of steps.